

Piet Spruit Memorial Loop

Hoek

www.trimloperneuzen.web-log.nl

31 oktober 2009

uitslag 3.5 km

| Plaats | StNr | Naam | Woonplaats | Cat | Plaats in | | Tijd | km/hr | min/km |
|--------|------|------------------------|-----------------|------|-----------|-----|---------|-------|--------|
| | | | | | Cat | Cat | | | |
| 1 | 187 | Frederik de Bakker | Waregem | hsen | 1 | | 0:11:52 | 17,7 | 03:23 |
| 2 | 176 | Paul Kingma | Hoek | hsen | 2 | | 0:12:50 | 16,4 | 03:40 |
| 3 | 168 | Gregory vandekerkhove | Kuurne | hsen | 3 | | 0:13:38 | 15,4 | 03:54 |
| 4 | 183 | Hannes D'Haeyer | Lochristi | hsen | 4 | | 0:13:59 | 15,0 | 04:00 |
| 5 | 181 | Davy dubbeldam | Sluiskil | hsen | 5 | | 0:14:31 | 14,5 | 04:09 |
| 6 | 171 | Joris Suy | Terneuzen | hsen | 6 | | 0:14:43 | 14,3 | 04:12 |
| 7 | 175 | Freddy de Muynck | St Jan in Eremo | h40 | 1 | | 0:14:59 | 14,0 | 04:17 |
| 8 | 174 | Endy Slock | Axel | hsen | 7 | | 0:15:03 | 13,9 | 04:18 |
| 9 | 178 | Roger de Backer | Waregem | h50 | 1 | | 0:15:08 | 13,9 | 04:19 |
| 10 | 184 | Alex Dewart | Lochristi | h50 | 2 | | 0:15:13 | 13,8 | 04:21 |
| 11 | 192 | Dennis Thuy | St Jansteen | hsen | 8 | | 0:15:20 | 13,7 | 04:23 |
| 12 | 172 | Myriam Baute | Terneuzen | dsen | 1 | | 0:15:52 | 13,2 | 04:32 |
| 13 | 189 | William Verminck | Eeklo | h45 | 1 | | 0:15:54 | 13,2 | 04:32 |
| 14 | 196 | Ignace van Nevel | Oostkamp | h40 | 2 | | 0:16:25 | 12,8 | 04:41 |
| 15 | 194 | Ronald Rasenberg | Terneuzen | h40 | 3 | | 0:17:33 | 12,0 | 05:01 |
| 16 | 195 | Ingrid Rasenberg | Terneuzen | dsen | 2 | | 0:17:51 | 11,8 | 05:06 |
| 17 | 193 | Lieve Geldhof | Gistel | d60 | 1 | | 0:17:57 | 11,7 | 05:08 |
| 18 | 164 | Christiaan van Sabben | Philippine | hsen | 9 | | 0:18:02 | 11,6 | 05:09 |
| 19 | 163 | Rick Adriaanse | Terneuzen | hsen | 10 | | 0:18:10 | 11,6 | 05:11 |
| 20 | 198 | Tijl Mennoert | Hoek | hsen | 11 | | 0:18:20 | 11,5 | 05:14 |
| 21 | 182 | Christiaan Spruit | Vlissingen | hsen | 12 | | 0:18:47 | 11,2 | 05:22 |
| 22 | 191 | Kell Seghers | Veldhoven | hsen | 13 | | 0:18:48 | 11,2 | 05:22 |
| 23 | 186 | Marielle Gelens | Schimmert | h40 | 4 | | 0:18:50 | 11,2 | 05:23 |
| 24 | 165 | Matthijs van Belzen | Axel | hsen | 14 | | 0:18:52 | 11,1 | 05:23 |
| 25 | 170 | Chris van Sabben | Terneuzen | h65 | 1 | | 0:19:01 | 11,0 | 05:26 |
| 26 | 177 | Marijn van den Broecke | Breskens | h45 | 2 | | 0:19:14 | 10,9 | 05:30 |
| 27 | 179 | Wies de Waal | Terneuzen | h65 | 2 | | 0:20:01 | 10,5 | 05:43 |
| 28 | 166 | Talitha Boerebach | Hoek | dsen | 3 | | 0:20:02 | 10,5 | 05:43 |
| 29 | 169 | Joke Cornelissen | Terneuzen | d50 | 1 | | 0:20:25 | 10,3 | 05:50 |
| 30 | 167 | Tessa Lammens | Westdorpe | dsen | 4 | | 0:20:31 | 10,2 | 05:52 |
| 31 | 199 | Marie Jeanne Weemaes | ST-Gillis | d55 | 1 | | 0:21:12 | 9,9 | 06:03 |
| 32 | 173 | Kim Francke | Terneuzen | dsen | 5 | | 0:21:44 | 9,7 | 06:12 |
| 33 | 188 | Joke de Wilde | Eeklo | hsen | 15 | | 0:23:13 | 9,0 | 06:38 |
| 34 | 180 | Danielle Dubbeldam | Sluiskil | d35 | 1 | | 0:23:57 | 8,8 | 06:50 |
| 35 | 190 | Thomas Verminck | Eeklo | hsen | 16 | | 0:24:17 | 8,6 | 06:56 |
| 36 | 185 | Michelle Heijman | Terneuzen | dsen | 6 | | 0:24:52 | 8,4 | 07:06 |
| 37 | 197 | Denis Gouges | Rotterdam | h40 | 5 | | 0:31:33 | 6,7 | 09:01 |